

Welcome to this week's newsletter. Well done to Year 3 who went to The Vale Care Home this week to perform Christmas carols for the residents. They did a fantastic job of representing the school and spreading some Christmas cheer in the community. Next week, we welcome Miss Grafton back from her maternity leave. She will be taking over from Mrs Bagshaw in Year 4, who will finish on Thursday, when we break up for Christmas. Thank you to Mrs Bagshaw for all her hard work during her time at NBP.

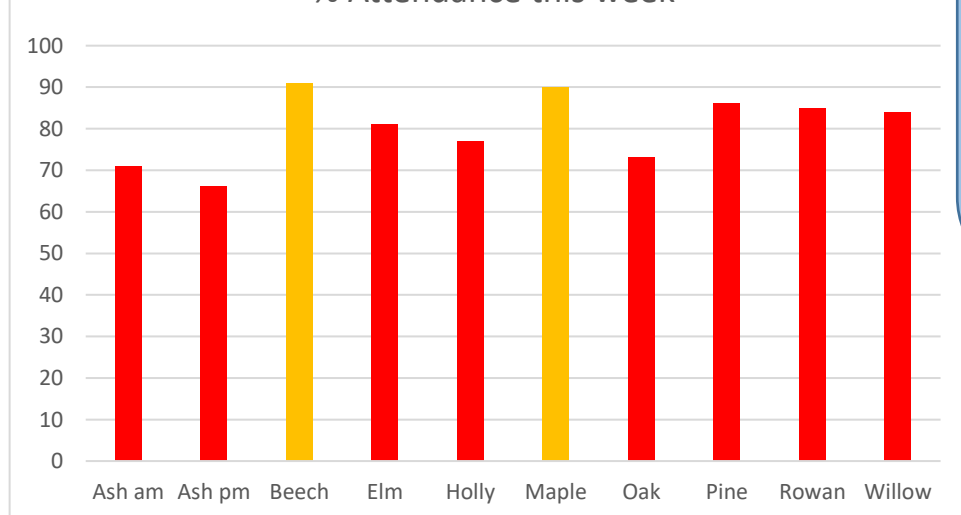
Lunch Menu: Week 2

	Main course (2 choices)	Dessert
Monday	Cheese & tomato pizza or veggie bolognaise Saucy pasta, seasonal vegetables	Cornflake bar
Tuesday	Beef & potato pie or veggie sausage rolls and gravy Potatoes, seasonal vegetables	Sticky fruit sponge & custard
Wednesday	Beef meatballs or vegan meatballs in tomato sauce Pasta, seasonal vegetables	Fresh fruit with bitesize chocolate crunch
Thursday	Christmas Dinner	
Friday	SCHOOL CLOSED	
Salad bar and fruit available every day		
Sandwiches and baked potatoes can be ordered the day before via the school office.		

Diary Dates

Date	Event
19.12.22	Y3 parents 2-3.30pm
20.12.22	Y4 parents 2-3.30pm
21.12.22	Nursery parents 11-11.45am 2.45-3.30pm
22.12.22	Festive Jumper/outfit, Christmas Dinner & parties
22.12.22	Reception parents 2.45-3.30pm
23 Dec-6 Jan	Christmas Holidays
9 Jan	First day of Spring term
30 Jan	INSET Day
20-24 Feb	Half term
27 Feb	INSET Day
3-14 Apr	Easter Holidays
29 May-2 June	Half term
5 June	INSET Day
21 July 2023	Final day of school year

% Attendance this week



Countdown to Christmas lunchtime raffle

Well done to Bodhi (YR), Elsie (Y1), Vanessa (Y2), Bobby (Y3), Natan (Y4), Layla (Y5), Joseph, Wiktor, Eve (Y6) who are this week's winners of the Christmas Raffle.

Attendance this week was 83%

There has been a lot of illness again this week, which makes it even more important to send your child to school when they are well.



Well done to Year 3 who entertained the residents at The Vale Care Home earlier this week, with their beautiful Christmas singing.

We really enjoyed the Cinderella pantomime performed in school this week. It was so lovely to see so many children dressed up for the occasion too. Thank you to those of you who sent in the £3 contribution. More pictures from the performance can be seen on the website:
[New Bolsover Primary School](#)
 - Cinderella



THE DANGERS OF FROZEN WATER

TOP TIPS TO STAY SAFE

NEVER GO ON THE ICE UNDER ANY CIRCUMSTANCES

This includes attempting to rescue another person or animal who may have fallen through the ice.

ONLY USE WELL LIT AREAS

Try to take walks in the daylight but if you must walk in the evening, only use well lit areas and avoid anywhere with water.

KEEP AWAY FROM THE EDGE OF THE WATER

Never go close to the edge or lean over to touch the ice. You may over balance or trip and fall in.

ALWAYS WALK WITH AN ADULT OR A GROUP OF FRIENDS

Look out for each other and if someone does fall through the ice there will be others around to raise the alarm and get help

Every year children are at risk when they are tempted to play on the ice formed on open waters and adults find themselves at risk as they attempt to save them. Over 50 % of ice related drowning involved an attempted rescue of another person or a dog.

Areas with frozen waters can be beautiful to look at but they are also extremely dangerous.

Here are some useful tips to help you enjoy these areas safely.

WHAT TO DO IF YOU FALL THROUGH THE ICE

Keep calm and shout 'help'

Spread your arms across the surface of the ice in front of you

Try to kick your legs and pull yourself out of the water and on to the ice

Lie flat, spreading your weight across the surface and pull yourself to the bank, you may find it easier to roll.

If you cannot climb out, wait for help and keep as still as possible. Keep your head above the water, press your arms by your side and keep your legs together

Once you are safe, it is important that you go to hospital immediately for a check up



WHAT TO DO IF YOU SEE SOMEONE FALL THROUGH THE ICE

Shout for **'HELP'** and dial **999** or **112** if you can

DO NOT walk on to the ice to attempt a rescue

Shout to the person to **'KEEP STILL'** and offer reassurance.

If they are close enough, **LIE DOWN TO AVOID OVERBALANCING** and falling onto the ice, and try to reach them with a tree branch clothing tied together or anything else which can extend your reach.

If you cannot reach them, **SLIDE SOMETHING** which floats across the ice, such as a plastic bottle or a football, so that they can hold on to it to stay afloat whilst help is on the way.

If they are too far away, **WAIT FOR THE EMERGENCY SERVICES** and reassure the casualty from the safety of the bank.

St@yWise

Following the tragic events involving primary age pupils last weekend, please share this and talk to your children about the importance of staying safe in wintry weather.