



## Weekly Newsletter

New Bolsover  
Primary School

08.04.19

Welcome to this week's newsletter.

There is an Easter theme this week with the Easter Hat competitions in Nursery and main school.

This is the final letter before the holiday. We hope everyone has a well-deserved rest and an enjoyable time together.

We look forward to seeing you all for the summer term on Monday 29th April.

### Well done!

Well done to Holly in Year 6 who took part in the District Cross Country Championships last week at Mount St. Mary's College. She is the first pupil from NBP to earn a place in this competition. The top runners in the district took part and we are immensely proud of Holly for the resilience she had over a tough course.

### Whitehall Residential

Well done to all the pupils who took part in the residential visit last week, and thank you to Miss Grafton, Mrs Wharton and Mrs Evans who organised the trip and accompanied the children.

Photographs can be viewed on the website in the Pupils section.

**Expected Attendance: 96%**  
**Last week: 96.5%**

Nursery (morning)	86
Nursery (afternoon)	62.7
30 hour Nursery	95.3
Reception	92.5
Year 1 PM	92
Year 1 ML	98.9
Year 2	95.5
Year 3	97.1
Year 4	99.2
Year 5	98.6
Year 6	97.4

Achievement of pupils at expected level

Pupils at risk of under-achieving

Pupils underachieving

## Reading Challenge

Below you can see that Miss Manion's Y1 class are still in the lead with the reading challenge, however Year 6 are not far behind. Well done to Year 2 who have made the biggest improvement this week! Keep it up. Year 4 have had a significant dip this week. Perhaps this is due to many of them being at Whitehall, and then recovering from Whitehall! Hopefully they will get back on track next week.

Average number of times pupils have read. Target is 5 times per week.

Children who read at least five times in a week will be entered into an Easter raffle- drawn on Friday.

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Reception	1.4	1.9	1.8	2.4	2.1	2.4
Year 1 PM	1.9	3.2	3.3	3.4	3.8	3.9
Year 1 ML	1.9	1.3	1.4	2.2	1.9	2.2
Year 2	1.2	1.4	1.5	2.4	1.8	3.2
Year 3	1.8	2	2.4	2.5	2.6	2.3
Year 4	1.7	2.4	3.1	3.4	3.5	1.1
Year 5	1.7	1.9	1.6	1.7	1.9	1.9
Year 6	2.7	2.6	2.5	1.8	3.1	3.6
Average	1.8	2.1	2.2	2.5	2.6	2.6

### Events this week

#### Monday

Easter hat entries due (YR-Y6)

#### Tuesday

NO SWIMMING FOR Y5

#### Wednesday

Nursery taster sessions

Nursery Easter hats due in

#### Thursday

#### Friday

Break up for 2 weeks

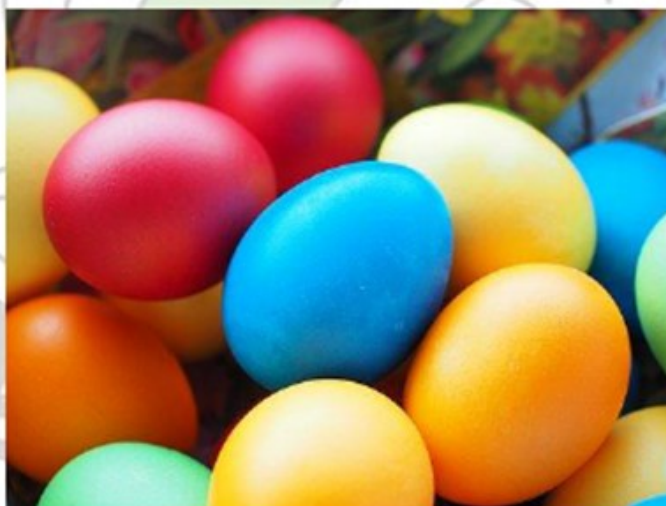
## Learning Conversations

Class	
Nursery	Talk to your child about what the different names for baby animals are, for example a cub is a baby bear, a kitten is a baby cat.
Reception	This week we will be looking at poetry. Please try and find different words that rhyme.
Year 1	This week we will be thinking about 2D and 3D shapes. What 2D and 3D shapes can your child name? Can they find any at home or outside?
Year 2	This week we will be comparing lengths and discussing different units of measure. Please try and measure different items and estimate larger items.
Year 3	This week we will be continuing with our unit on fractions. Can you use your mathematical head to explain to your grown ups, what a fraction is? What a numerator is? What is a denominator?
Year 4	This week we are recapping our science learning from the year so far. What vocabulary can you remember and explain to your grown ups?
Year 5	This week we will be finishing our own version of The Tear Thief hot write. Discuss with your grown ups how you will resolve the problem and give the story a happy ending. What clear message or moral will it give?
Year 6	When and how do you use possessive apostrophes? What do the angles of a triangle and quadrilateral add up to?

**We have been asked to share this event with you by the Carr Vale  
and New Bolsover Place Group.**

# **FREE** **Easter Event**

**Tuesday 16th April  
2019  
10am – 1pm  
at  
The Community  
House  
126 New Bolsover.**



**Including:  
Make Your Own Musical  
Instruments  
Village Green Easter Hunt  
Quiz  
Colouring Table  
Rock Decorating  
Food  
Easter Eggs  
Easter Bunny Visit**

**This is a family event for people of all ages and all children must be  
accompanied by an adult at all times.**

**It is a FREE event but please let us know if you are coming to ensure we have  
enough goodies to give out.**

**Please call or text 07939149037 (Katie) or 07916055079 (Nathan) to book your  
place and find out more.**

**Alternatively join the Facebook event – ‘Easter Event at 126’**





In today's digitally connected world, children and adults are constantly presented with new ways to engage, react and contribute. We're sociable beings; it's a natural human instinct, especially amongst younger audiences, to want to belong and join in. Viral Challenges (as they're often known) draw on these emotions and, as the name suggests, spread and gather pace very rapidly. New challenges are constantly emerging and evolving. They're often completely innocent, raising awareness of worthy causes or simply providing amusement. However, they can have much more sinister undertones, putting children at risk of physical harm or, in extreme cases, fatal injury.



# What parents need to know about ONLINE CHALLENGES

## MENTAL HEALTH & WELLBEING

As well as having the potential to cause actual physical harm, some challenges can be extremely upsetting for children. Many are created with the sole purpose of instilling fear in an individual in order to coerce them into doing things that could have a long-term emotional effect on them.

## VARYING LEVELS OF RISK

As a parent or carer, it's important to take a balanced view and understand that not everything online has the potential to do harm. Mass-following and interaction can be a force for good. For example, the Ice Bucket Challenge, which swept the nation, set out to raise money and awareness of Amyotrophic Lateral Sclerosis (ALS). At its height, over 28 million people uploaded, commented on, or liked Ice Bucket Challenge related posts on Facebook. It's equally important to be aware though that online challenges often have a darker side. Malicious trends and challenges can expose children to dangerous or even life-threatening situations, so it's critical that parents and carers are aware of the latest risks and understand what steps to take to mitigate them.

## 'FOMO' - FEAR OF MISSING OUT

The 'Fear of Missing Out' (FOMO) is a strong emotional characteristic, particularly displayed in young people. The nature of viral challenges encourages children to explore and push boundaries. They tap into FOMO by feeding on a child's natural desire to join in, be accepted and share experiences with their friends and the wider online community. A recent study also found that FOMO is one of the greatest causes of Social Media addiction.



## STRIVING FOR LIKES

In a major study by the Children's Commissioner, it was found that children as young as ten years old are reliant on 'Likes' for their sense of self-worth. A major concern around viral challenges is not knowing how far children will go to earn 'Likes'. Couple this growing appetite for acceptance with commonplace peer pressure and the potential problem is compounded. The result is that when young people are drawn into online challenges, because it is what all their friends are doing, saying 'no' can seem like a very hard thing to do.

"The coolest person at school will start a trend and then everyone copies her"  
Merran, 12, Year 7

"If I got 150 likes, I'd be like that's pretty cool it means they like you"  
Aaron, 11, Year 7



**National Online Safety®**



# Top Tips for Parents



## COMMUNICATION & MONITORING

It's important to talk to your child regularly and monitor their online activities. Encouraging honesty and openness, will give you a much clearer viewpoint of how your child is interacting online and what concerns they have. Create an atmosphere of trust. Ensure they feel they can confide in you or another trusted adult regarding anything they may have seen or experienced online that's upset them.

## THINK BEFORE ACTING

As with most concerns in life, let common sense prevail when it comes to Viral Challenges. Young people need the freedom and space to explore and going in all guns blazing may well be counter-effective. Address the importance of safety and wellbeing, both online and offline, by getting the facts and understanding the risks. Start a discussion about the Online Challenges that may have captured your child's interest, gauge their likely involvement and explain the importance of thinking and acting independently when it comes to participating.

## SETTING UP EFFECTIVE PARENTAL CONTROLS

As with all online activity, ensuring you have effective parental controls set up on all devices will help filter and restrict the dangerous or inappropriate content you don't wish your child to access. Additional measures for protecting your child include checking the privacy settings on your child's devices, monitoring their friends list, ensuring their personal information is safe and secure and keeping a watchful eye on the content they're sharing.

## REPORTING & BLOCKING

Parental controls can only go so far in blocking potentially harmful content. A rise in the decoding of social media algorithms, has led to age inappropriate content increasingly appearing on platforms and apps used by children. Where possible, you should regularly monitor what your child sees online and flag/report any content which is inappropriate or dangerous. You should take the time to talk to your child, define what you consider to be appropriate content and show them how to report and block users/accounts themselves.

## VALIDATE SOURCES

Not everything is as it seems. Some people create fake content that's designed to 'shock' in order to encourage rapid sharing. If your child has seen something online that has triggered concern you should encourage them to, check its origin, verify that it came from a credible source and check the comments made for any clues to its validity.

## FACING REALITY

Trends and Viral Challenges can be tempting for children to take part in; no matter how dangerous or scary they may seem. As a parent or carer it can be difficult to keep pace with the very latest Online Challenges emerging. In recent months these have included potentially dangerous crazes, including the 'Bird Box' challenge, which was inspired by Netflix's popular film and encourages followers to upload videos of themselves attempting everyday tasks while blindfolded. The best advice is to keep talking to your child. Show that your taking an interest and not just prying. Ensure your child knows they don't have to get involved and if they're unsure, let them know you're there to talk before they consider participating. Children often need reassurance that not everything they see online is real. If your child has viewed distressing or frightening content it's important to talk to them about their experience, support them and, if required, help them find additional support.

### SOURCES:

<https://www.independent.co.uk/news/science/fake-news-twitter-spreads-further-faster-real-stories-retweets-political-8247491.html> | <https://www.dailymail.co.uk/news/article-2209452/Teen-dies-copying-pass-game-time-YouTube.html> | <https://www.dailymail.co.uk/news/article-6307331/Boy-11-dies-YouTube-choking-challenge-mother-warns-parents-son-strangled-himself.html> | Children's Commissioner Life in 'Likes' report - RSPH - Status of mind report | <https://www.bbc.co.uk/news/magazine-29013707> | <https://www.independent.co.uk/life/health-wellbeing/fear-of-missing-out-fomo-one-of-greatest-causes-of-social-media-addiction-study-finds-36975296.html> | <http://www.ttp.co.uk/news/children-as-young-as-eight-addicted-to-social-media-likes/>